

**THE NICOLETTI KIDNEY TRANSPLANT PROGRAM**  
AT THE JEFFERSON TRANSPLANT INSTITUTE

# ABCDs of Kidney Transplant

## **A** Live Donor

Transplants from living donors usually work better and last almost twice as long as deceased donor transplants. If you have a donor that is a good match for you, you could get a transplant in just a couple of months!

## **B**e Part of a Paired Exchange

If your donor is not a good match for you, you and your donor could be part of a donor "swap," or even a transplant chain. You would still get a transplant from a live donor and would also help someone else with an incompatible donor get a transplant too!

## **C**hampion

A Kidney Champion is someone who will help spread the word that you need a kidney transplant, and try to find someone who can give you one of their kidneys. Jefferson will teach your champion everything they need to know so that they can help find you a live donor.

## **D**eceased Donor

If you don't have a live donor, you will wait on the transplant list until a kidney can be found for you from someone who has passed away. These kidneys often don't last as long as kidneys from a live donor. This is one of the many reasons why our program encourages live donation, because we want you to have the best options available.

**Whichever path you take, our team of transplant professionals is here to help you every step of the way!**



**Jefferson Health®**