Bronchoscopy Instructions

✔ No food or drink after midnight prior to the day of the procedure.
✔ On the morning of your procedure, you must take your usual medications with a small sip of water.
✔ Blood thinners and insulin medications will be discussed below.

✔ Patients should proceed directly to the Admissions office in Suite 1980 located on the 1st floor of the 10th street side of the Gibbon Building. After registering with admissions, you will be directed to the short procedure unit (SPU).
✔ In the SPU, blood tests and an EKG may be performed. The nurse may insert an IV. The physician will review your history, perform a brief physical examination and obtain informed consent, if this had not been done already.
✔ You will be brought to the procedure suite where you will be greeted by the staff who will confirm you identity and prepare you for the procedure. Preparation may include numbing medications for your nose, mouth and throat, depending upon the physician’s instructions.
✔ The doctor will use medications via the IV to make you sleepy and minimize coughing. Once you are comfortable, the physician will insert a soft flexible tube with built-in camera to inspect your air passages and collect specimens for analysis.
✔ Although the procedure usually lasts only 15 minutes or so, you will return to the SPU approximately 1 hour after you left the SPU. This allows time for preparation and recovery.
✔ Following the procedure, you will feel sleepy for a period of time, often too sleepy to remember conversations with the physician. Therefore, you should have family present to listen to the physician’s findings.
✔ Patients generally go home a couple of hours after the procedure.
✔ A responsible adult family member or friend must bring you and take you home after the procedure. Although you will be awake upon discharge, you are not safe to drive or take mass transit without supervision.
✔ Results will be available 5-7 days after the procedure. Your physician will arrange follow-up to discuss the results.

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Bronchoscopy Instructions

You are scheduled to undergo bronchoscopy on _____________________. Our office will arrange all pre-certification and insurance requirements prior to your procedure so you need not worry about any billing or payment on the day of the procedure.

On the evening prior to your procedure, you will receive a call from the central scheduling office to confirm your arrival time. **If you do not hear from this office by 9 p.m. the night before your scheduled procedure, please call 215-955-6464 to confirm your date and time.**

Your physician will review your medications with you prior to your procedure. The following medications should be **withheld** for the indicated time interval before the procedure:

- **Aspirin**
  - okay to take, if only **one** tablet daily
- **Coumadin (Warfarin)**
  - 5 days
- **Lovenox (Enoxaparin)**
  - 24 hours
- **Plavix (Clopidogrel)**
  - 5 days – if okay with the prescribing physician
- **Insulin**
  - dose may be altered by physician for 24 hours
- **Oral diabetes pills**
  - dose may be altered by physician for 24 hours
- **Blood pressure pills**
  - **must** take day of procedure
- **Water pills (diuretics)**
  - may skip day of procedure